



Vol 6 No 3: ICEE 2018

**JDPP****Jurnal Dimensi Pendidikan dan Pembelajaran**<http://journal.umpo.ac.id/index.php/dimensi/index>**THE IMPLEMENTATION OF PARENTING EDUCATION PROGRAM  
FOR THE STUDENTS' PARENT TO SUPPORT  
THE CHILD-FRIENDLY EDUCATION IN ELEMENTARY SCHOOL**

Zulfin Rachma Mufidah

**Article Information****Article History:**

Accepted October 2018

Approved November 2018

Published December 2018

**Keywords:***program, parenting  
education, child-friendly  
program, elementary  
school***How to Cite:**

Zulfin Rachma Mufidah  
(2018). The  
Implementation of  
Parenting Education  
Program for The Students'  
Parent to Support  
The Child-friendly  
Education in Elementary  
School: Jurnal Dimensi  
Pendidikan dan  
Pembelajaran Universitas  
Muhammadiyah  
Ponorogo, Vol 6 No 3 :  
Halaman 145.

**Abstrak**

Penelitian ini adalah tentang pentingnya pendidikan pengasuhan anak untuk memberikan pengetahuan, pemahaman, dan keterampilan bagi orang tua dan guru dalam mendidik, membimbing, mengasuh anak, dan mengatur pendidikan yang disediakan oleh orang tua di rumah dan pendidikan ramah anak di sekolah. Adapun tujuan dari penelitian ini sebagai berikut, untuk mendeskripsikan proses implementasi dalam program pendidikan parenting, untuk menggambarkan proses evaluasi dalam program pendidikan parenting, dan mendeskripsikan hasil program pendidikan parenting. Subjek penelitian ini adalah guru Sekolah Dasar Ar-Rahman Darul Ilmi, dan orang tua siswa kelas tiga yang terlibat dalam pelaksanaan program pendidikan parenting. Teknik pengumpulan data dilakukan dengan observasi, wawancara, dan dokumentasi. Hasil penelitian menunjukkan bahwa: 1) konsep kegiatan program pendidikan pengasuhan meliputi pengaturan waktu, tempat pelaksanaan, media, dan fasilitas sekolah yang digunakan dalam pelaksanaan pengasuhan yang dilakukan oleh administrator dan guru. 2) Pelaksanaan program pendidikan parenting dibentuk oleh pertemuan orang tua sementara diskusi memprioritaskan tentang bagaimana mendidik dengan mendahului hak anak dalam belajar. 3) Mensosialisasikan media pembelajaran ramah anak yang dapat digunakan untuk membimbing anak-anak. 3) Mengevaluasi program pengasuhan anak dengan menggunakan metode wawancara berdasarkan materi yang telah diberikan dalam program pendidikan pengasuhan anak. 4) Hasil dari cara ramah anak di rumah dan sekolah. 5) Kelanjutan program pendidikan pengasuhan ramah anak yang akan diterapkan setiap tahun.

**Abstract**

*This study is about the importance of parenting education to give knowledge, understanding, and skills for both parents and the teachers in educating, guiding, parenting, and organizing the education provided by parents at home and children-friendly education at school. The purposes of this study as follows, to describe the process of implementation in parenting education program, to describe the process of evaluation in parenting education program, and describe the result of parenting education program. The subjects of this study are Ar-Rahman Darul Ilmi Elementary School teachers, and parents of the third-grade students who are involved in the implementation of parenting education program. The data collection techniques were conducted by observation, interview, and documentation. The result of the study shows that: 1) the concept of parenting education program activities include the setting of time, place of implementation, media, and the facilities of school used in the implementation of parenting conducted by the administrators and teachers. 2) The implementation of the parenting education program is formed by the meetings of the parents while the discussion is prioritizing on how to educate by preceding the right of children in learning. 3) Socializing child-friendly learning media which can be used to guide the children. 3) Evaluating the parenting program by using interview method based on the material which has been given in parenting education program. 4) The result of child-friendly manner at home and school. 5) The continuity of child-friendly parenting education program which will be applied on an annual basis.*

© 2018 Universitas Muhammadiyah Ponorogo

**✉ Alamat korespondensi:****Universitas Pendidikan Indonesia, Bandung, Indonesia****E-mail:** [zulfinmufidah@upi.edu](mailto:zulfinmufidah@upi.edu)**ISSN 2303-3800 (Online)****ISSN 2527-7049 (Print)**

## **1. Pendahuluan**

Improving the quality of human resources becomes the main thing to face the development of science and technology in the 21st century. The quality of human resources depends on the quality of education of a country. Education in primary schools has an important role in improving the quality of education, especially in producing quality learners from an early age. Early education can be provided through formal and informal education institutions. Education to children will be better if given to children in a balanced way with the material provided by the teacher and what is taught by parents at home. The family is an informal educational institution that plays an important role in creating basic education and development for children. Likewise with schools that also have an important role in the formation of a child. Everyday children at school and at home will affect a child's development. This is because the environment is also influential in the development of a child (Santrock, 2010 p. 244).

In addition, the experience a child will also determine the mindset, character and nature of children. Children is the bud, the potential and the next generation of ideals of the nation that has an important role in ensuring the existence of nation and state in the future. So the child has the right to grow and develop optimally both physically, mentally, socially and spiritually. Children are also entitled to the fulfillment of their basic rights, need to be protected and gain a prosperous life. Therefore, all forms of unkind actions in children need to be prevented and addressed both at home and school.

The right of a child to obtain growth and development in a fair manner, whether secretly, physically, or socially is governed by Law no. 4 Year 1979. Through the law, a child is entitled to services to develop the ability and social life in school or at home. Through a preliminary study I have done on some primary school children. Parenting patterns also affect children's achievement in school. A good parenting pattern from parents will make children become

passionate and structured in doing school tasks. Knowledge and understanding of parents in the pattern of care for children is very influential on growing child development and the future. Therefore, parents need to be given skills in educating children at home so that children will be more achievers in education, knowledge of nurturing and guiding children and to be a quality human resources in the future.

Based on the explanation in the previous paragraph, the parenting program is one means that can be utilized in improving the quality of parents in educating children so that children get good achievement in school. One of them is by cultivating the attitude or behavior of child friendly parent like education friendly, nutrition friendly, friendly nurturing and friendly protection so that the needs of his children well one of them pay attention to the child and help children in learning so that child friendly education in school conducted by teacher also can goes well and makes the child a school spirit. Related to the importance of good parenting of the parents then some schools in Indonesia implement parenting programs for parents to support the education of children well in school. Therefore, the authors conducted a descriptive study on the implementation of parenting education program implemented by Ar-Rahman Darul Ilmi Bandung Elementary School with the title of the article "Implementation of Parenting Education Program for Student Parents to Support Child Friendly Education in Elementary School". The purpose of this study is to obtain an overview of the planning, implementation, evaluation and outcomes of parenting programs aimed at supporting child-friendly education in primary schools.

### **Concept Of Child-Friendly Education**

A friendly understanding in this case is the attitude or effort made by parents to ensure and fulfill the basic rights of children in the life aspect in a planned and responsible manner. Attitudes and efforts are aimed at early childhood that can be implemented by parents in the family environment. Child-friendly families especially for parents who have tasks and roles in child growth, then child-friendly behavior in the fulfillment of

the basic rights of children must be met. In addition, child-friendly behavior for parents is a basic effort in improving the quality of human resources in advancing the life of the nation and state.

### **Concept Of Parenting Programme**

Parenthood education programs or parenting programs include into adult education, where adult education according to (Sudjana, 2010: 45) is intended for adults in their community, so that they can develop skills, enrich knowledge, improve skills and professions that have been owned, acquire new ways, and change attitudes and behavior of adults.

Parenting program is education given to family members, especially for parents who have the ability to educate and care for children to grow and develop optimally so as to create quality human resources for the country and the future. This is in line with the parenting definition expressed in the Technical Orientation Technical Guidance of Parenting Program Improvement in 2011, the parenting program is a support program that is shown to parents or other family members to have more ability in performing social and educational functions in terms of caring, nurturing, protect, and educate children at home so that children can grow and develop optimally, according to age and stage of development.

Benefits of parenting activities, which can build good communication between schools with parents. So parenting patterns that are run in schools with parents applied home in harmony, through parenting activities also parents can know the achievements of child development, what basic rights should be fulfilled by parents in the child's survival, and provide knowledge to parents.

## **2. Methodology**

The research method used is descriptive research method with qualitative approach. According to Sugiyono (2010: 298) the position of research subjects in research is very important because the data about the variables studied and observed by researchers, the sample in qualitative research is not the respondent, but as a

resource or participants, informants, friends and teachers in the study. The sample of this study is a total of 17 people consisting of one principal, one teacher grade 3, and 15 parents of students. Parenting program implemented by SD Ar-Rahman Darul Ilmi which is located on Jl. Ir. Juanda District Coblong Bandung.

Data collection techniques is a way of collecting data needed to answer the formulation of research problems in order to obtain data (Juliansyah, 2011: 138). In this research the data collection technique used is, first observation is done to collect data by observing, see picture with observation done directly to parenting program implementation. Secondly, the interview aims to know the whole about the parenting program. Third, documentation studies can be written, photographs / drawings, rules or policies relating to the problem under study. Fourth, triangulation is comparing the observation, interview and documentation study related to the implementation of parenting program activities in supporting child-friendly education in schools.

## **3. Results And Discussion**

The research was conducted at Ar-Rahman Darul Ilmi Elementary School which is part of Ar-Rahman Darul Ilmi Foundation..

### **Parenting Education Program Planning**

Planning process is a process where preparing everything that is needed when the implementation of activities and aims for the smooth and success of a program or activities to be implemented. According to Koswara and Suryadi, 2007: 4) planning is the process of determining the objectives or targets to be achieved, establishing the roads and resources necessary to achieve those objectives as effectively as possible. This is in line with the planning implemented in Ar-Rahman Darul Ilmi Element where the planning process is done by the manager and educator only without involving the parents, in order to achieve the purpose of parenting activities effectively and smoothly. In the process of identifying needs is not easy to do, the many obstacles encountered such as time, limitations of managers and limitations of

educators who do not allow to perform stages of identification needs in each parenting program in the form of parent or parent class meetings. So that parenting program activities in SD Ar-Rahman Darul Ilmi can be said to be top down which means the need comes from the manager for parents. Therefore, in any parenting program activities in the form of parent or parent class meetings are only given a letter of invitation only.

An activity carried out should have a goal to be achieved. The purpose of parenting program activities conducted at SD Ar-Rahman Darul Ilmi aims to improve the knowledge, understanding, skills for parents in educating, guiding, nurturing children in the family and aligning between education in school and the education provided by parents at home which aims to be able to support child's achievement in school. Parenting program at SD Ar-Rahman Darul Ilmi also bring in resource persons who are psychologist and child development namely Nurul Afianti, MPd., M.Si. Psi.

#### **Implementation of Parenting Program**

Basically the implementation process will never be separated from the planning stage, which where the implementation process is an application in the form of concrete activities of what has been defined in the planning stage. Likewise in the process of parenting program implementation in SD Ar-Rahman Darul Ilmi through the planning process first. If in planning managers and educators plan and define things such as time, material, place to the media or the necessary tools, then during the implementation process will not be far from those things. The process of implementing the parenting program at SD Ar-Rahman Darul ilmi is carried out by taking place at the mosque or Ar-Rahman Darul Ilmi Bandung Mosque.

In the implementation more emphasis on discussion and sharing with various problems faced by parents in the process of educating children at home. The material presented in parenting activities is related to the growth and development of children, parenting patterns at home and more emphasis on the attention of parents to support the education

of children so as to create a child-friendly education in children's schools. Implementation of the program using lecture, discussion and question and answer this because it is more effective, especially the target of this parenting activity of parents or adults.

#### **The Parenting Program Evaluation Process**

The evaluation process is a measuring tool to find out how far the objectives of a program can be achieved. The evaluation process in the parenting program can be said as a form of assessment of an activity that has been implemented. Evaluation of activities is an attempt to measure and provide objective value on the achievement of the results of the implementation of activities that have been planned previously.

Form of evaluation of parenting program at SD Ar-Rahman Darul Ilmi done 2 times, which is done at the end of parenting program activities to parents in the form of discussion and question and answer to know sejauhmana parent understanding in receiving and comprehending the material convey. While the evaluation of parenting activities is conducted in small meetings or discussions involving educators and managers, the evaluation covers the overall program components and the overall process of parenting program implementation. Evaluations made to improve and improve the quality of the next program for the better.

#### **Parenting Program Results**

Child-friendly education is education that can provide comfort to children in learning, so with the parenting program is expected parents can help improve student achievement in school. Many things are felt by parents from the implementation of parenting program is the increase of knowledge, understanding in educating and caring for children well. With increasing knowledge of parents then attitudes and behaviors toward parenting are given to children much better. Good communication and togetherness will have an effect on good relationships between children and parents in the family. In the aspect of education, many ways parents do in communicating and interacting with children, one of them fill the

time with story telling, playing while learning.

#### **4. Conclusion**

The parenting program implemented by SD Ar-Rahman aims to provide knowledge to parents of students in order to educate children at home by aligning school education. It aims to create child-friendly education at Ar-Rahman Darul Ilmi Bandung Elementary School. Implementation of the parenting program is more emphasis on discussion and sharing with various ways in the process of educating children. With the parenting program is expected parents can provide good parenting with more attention to children so as to help students to better achievement in school.

#### **5. References**

- Kementrian Pendidikan dan Kebudayaan. (2012). *Model Pelaksanaan Program Pendidikan Keorangtuaan di Lembaga Pendidikan Anak Usia Dini*. Jakarta: Kemendikbud
- Koswara. (2010). *Aplikasi Praktis Asuhan Keperawatan Keluarga*. Jakarta: Sagung Seto.
- Noor, Juliansyah. (2011). *Metodologi Penelitian*. Jakarta : Kencana Prenada Media Group
- Santrock, J. W. (2009). *Life-span development* (No. Sirsi) i9780073370217). Boston, MA: McGraw-Hill.
- Sudjana, Djudju. (2010). *Pendidikan Luar Sekolah: Wawasan Sejarah Perkembangan Filsafah dan Teori Pendukung Asas*. Bandung : Falah Production.
- Sugiyono. (2014). *Memahami Penelitian Kuantitatif*. Bandung : Alfabeta.
- Undang-Undang No. 4 Tahun 1979 Tentang Kesejahteraan Anak